



# Pre-K Schedule

Time	Schedule	Description
7:30 – 8:30	Arrival	Parents/Guardians are greeted upon arrival; Parents/Guardians help child put belongings away in cubby.
8:30 – 9:00	Breakfast Snack	Breakfast snack chosen based on a five week rotating schedule.
9:00 – 9:30	Free Play	Children are encouraged to explore classroom materials; share and play with others.
9:30 – 10:00	Circle Time	Circle consists of the day's instruction which includes, calendar, weather, songs, a story and letter, number and sight word recognition.
10:00 – 10:30	Activity/Project	Art activity based on the weekly theme.
10:30 – 10:45	Toilet Needs	Children use bathroom independently
10:45 – 11:40	Outdoor play/Centers	Outdoor play involves the development of motor skills – running, jumping, riding toys, sand & water play toys and manipulatives; Centers - Math, science, language, dramatic play and computer time will be available.
11:40 – 12:00	Cot preparation/hand washing	Children put their own sheet and blanket on their cots to promote self-help skills; Children wash their hands to prepare for lunch.
12:00 – 12:30	Lunch	Lunch, provided by a parent/guardian, is served; Lunch should consist of sandwich or heat-up, a few snacks and a <u>juice box</u> . <i>No sippy cups!</i>
12:30 – 12:45	Lunch clean up/Bathroom	Children use self-help skills to clean up after lunch; They use bathroom independently before going on their cot.
12:45 – 2:45	Rest Time	Children rest on their cot.
2:45 – 3:00	Cot clean up/Toilet Needs	Children put their sheet, blanket and cot away and then use bathroom independently.
3:00 – 3:15	Snack	Snack and drink are chosen from a five week rotating schedule.
3:15 – 4:30	Outdoor play/Centers	Outdoor play involves the development of motor skills – running, jumping, riding toys, sand & water play toys and manipulatives; Centers - Math, science, language, dramatic play and computer time will be available.
4:30 – 5:30	Free Play/Departure	Children are encouraged to play freely; Parents/Guardians are greeted; Child's day will be discussed if necessary.